

### **DIABETES IN RI**

- In 2020, 10.3% of RI adults reported a diagnosis of diabetes; that's 1 in 10 adults not including people who are undiagnosed.
- Even after adjusting for age, diabetes in RI has approximately doubled in the past generation (4.6% in 1995 compared to 9.0% in 2020).
- According to the CDC, 1 in 3
   Americans have prediabetes but only 10% have been diagnosed.

   This means that about 294,000
   Rhode Islanders have prediabetes, and most don't know it.
- Poverty and low income are associated with a variety of poor health outcomes. Rhode Islanders whose income is less than 200% of the federal poverty level have higher rates of diabetes (12.9%) compared to those whose income is greater than 400% of the federal poverty level (6.7%).
- Diabetes is expensive for all patients, no matter their insurance status. RIadults with diabetes report frequent financial strain. In fact, 11.5% of RI adults with diabetes worried about affording nutritious meals in the past year and 9.7% reported not seeing a provider. The COVID-19 pandemic likely caused more of a financial strain on RI's underserved residents.
- Black and Hispanic/Latinx adults report being diagnosed with diabetes at younger ages, meaning they are trying to care for their diabetes for more of their lives.
- Serious medical complications can result from diabetes, including heart disease, stroke, lower limb amputations, kidney disease, and blindness.

#### Data source:

1995-2020 RI Behavioral Risk Factor Surveillance System

# 2023 RHODE ISLAND WORLD DIABETES DAY

Tuesday, November 14, 2023

### **MISSION**

To positively impact the growing diabetes epidemic in the state by building a coalition of community members who work toward reducing the burden of prediabetes and diabetes in Rhode Island.

### **HISTORY**

Rhode Island World Diabetes Day (RIWDD) was launched through the Rhode Island Department of Health (RIDOH) in November 2012 to raise awareness about diabetes and its impact on the residents of Rhode Island. This event highlights the strong collaboration between the many community organizations, government officials, health partners, and community members who are committed to decreasing diabetes in Rhode Island.

Thanks, in part, to the generous support of our sponsors, the event has grown significantly each year. Due to its growing success, the RIWDD Board of Directors has been able to donate proceeds from the event to several charitable health organizations throughout the state. This year the RIWDD Board of Directors will donate proceeds to a non-profit organization that has demonstrated dedication to the promotion of health and wellness for people living with diabetes and/or the provision of quality medical care to uninsured, underinsured, or homeless individuals to treat and prevent diabetes and its complications.

## 2023 RHODE ISLAND WORLD DIABETES DAY WILL BE LIVE! RIWDD.ORG

The RIWDD Planning Committee has planned a morning of interesting, dynamic presentations for Tuesday, November 14, 2023, at the Crowne Plaza Hotel in Warwick, RI.









### **SCHEDULE OF EVENTS:**

7:15 a.m. - 12:30 p.m. - EXHIBIT HALL OPEN

7:15 a.m. - 8:00 a.m. -Registration/Continental Breakfast/Networking/Exhibits

8:00 a.m. - 8:10 a.m. - Kickoff of Rhode Island World Diabetes Day 2023 presented by Barbara Morse, NBC10 anchor and Health Check

8:10 a.m. - 8:15 a.m. - Diabetes Update from the Rhode Island Department of Health presented by Megan Sheridan, MS, RD and Nancy Sutton, MS, RD

8:15 a.m. - 8:45 a.m. - Keynote: Addressing Living with Diabetes by Sam Choy, Chef and Restaurateur in partnership with Novo Nordisk

8:45 a.m. - 9:25 a.m. - Standards of Care for Diabetes Updates - Tracey Taveira, PharmD, CDOE, CVDOE

9:25 a.m. - 10:05 a.m. - Obesity - Sheenagh Bodkin, MD

10:05 a.m. - 10:20 a.m. Break

10:20 a.m. -11:05 a.m. - Hypertension and Kidney Disease- Kelley Sanzen, PharmD, CDOE

11:05 a.m. -11:45 a.m. - Panel Discussion-Social Determinants of Health-Kelsey Ryan, PharmD, CDOE, BC-ADM; Ana Almeida DoRosario, BA, ACE-GFI, ACE-CHC; Nicarlis Medina, BS; Rachel Gibbons Myers, Executive Director, American Diabetes Association; Jai-Me Rutledge- Potter, MPH, Facilitator

11:45 a.m. - 11:50 a.m. - "RIWDD 2023 Rhode to Wellness Challenge" Results- Jennifer Fine, RD, CDOE

11:50 a.m. - 11:55 a.m. - Grace Diaz Blue Light Award Presentation by Representative Grace Diaz

11:55 a.m. - 12:00 p.m. - Closing Remarks by RIWDD Co-Chairs Deborah Newell, RPh, CDOE, CVDOE and Megan Sheridan, MS, RD

12:00 p.m. - 12:30 p.m. - Exhibit Hall

### RHODE TO WELLNESS 2023 Recommit to Wellness

RIWDD will kick off our 4th Annual Rhode to Wellness Challenge on October 15. This four-week challenge encourages all Rhode Islanders, not just those managing diabetes, to engage in healthy behaviors. Each week participants choose a habit to work on to Recharge, Refuel, Relax and Restore health and ultimately Recommit to Wellness. Participants will document their progress on a calendar and will submit it to be entered into a raffle. Weekly prizes will be awarded along with a grand prize at the end of the Challenge.

### GRACE DIAZ BLUE LIGHT AWARD

Each year we recognize an individual or organization that has positively impacted diabetes in the state of Rhode Island by awarding them the Grace Diaz Blue Light Award. The recipient of the award shows exceptional creative thinking, approach, passion, and commitment to supporting healthy living with diabetes. In keeping with the theme of World Diabetes Day 2023 (WDD), "Access to Diabetes Care", this year's Blue Light award will be presented to a Rhode Islander who has shown a commitment to providing access to diabetes care.



We have diabetes, it gets to come along with us, it doesn't get to stop us.

## 2023 RHODE ISLAND WORLD DIABETES DAY

### Tuesday, November 14, 2023



### SPONSORSHIP OPPORTUNITIES

Rhode Island World Diabetes Day welcomes the opportunity for you and your organization to be involved in this collaboration through the following sponsorship options:

### PLATINUM LEVEL \$5,000

- Recognition as a Platinum Sponsor on Rhode Island World Diabetes Day website (logo and hyperlink)
- Acknowledgement on World Diabetes Day event and Rhode to Wellness 2022 Challenge program marketing materials including informational collateral, program calendar and collateral, and agenda
- · Verbal and displayed recognition during the day's LIVE event
- Recognition as the sponsor of a week-long lighting of the State House
- · Recognition as the sponsor of The Grace Diaz Blue Light Award to be presented during the World Diabetes Day event

#### GOLD LEVEL \$2,500

- Recognition as a Gold Sponsor on Rhode Island World Diabetes Day website (logo and hyperlink)
- Acknowledgment on World Diabetes Day event and Rhode to Wellness 2020 Challenge program marketing materials including informational collateral, program calendar and collateral, and agenda
- · Verbal and displayed recognition during the day's LIVE event

### SILVER LEVEL \$1,250

- Recognition as a Silver Sponsor on Rhode Island World Diabetes Day website (logo)
- Acknowledgment on World Diabetes Day event marketing materials including informational collateral and event agenda
- · Displayed recognition during the day's LIVE event

### **BRONZE LEVEL \$1000**

- Recognition as a Bronze Sponsor on Rhode Island World Diabetes Day website (logo)
- · Displayed recognition during the day's LIVE event

### FRIENDS/PATRONS Any Amount

If you are interested in becoming a sponsor of this important event, please complete the following form. For questions, please contact Deborah Newell at <a href="mailto:info@riwdd.org">info@riwdd.org</a>. Thanks for your interest and support!

## SPONSORSHIP FORM **Rhode Island World Diabetes Day 2023** SPONSORSHIP LEVEL: ☐ Platinum \$5,000 ☐ Gold \$2,500 ☐ Silver \$1,250 ☐ Bronze \$1000 ☐ Friends/Patrons \$\_\_\_\_\_ CHECK PAYABLE TO: Diabetes Education Partners of RI FEDERAL TAX ID: 26-4543920 Company Name: \_\_\_\_ Company Address: Contact Name: \_\_\_\_\_Email address: \_\_\_\_\_Cell phone: \_\_\_\_ PAYMENT METHOD Please check appropriate box: Check (made payable to Diabetes Education Partners) □ VISA □ MasterCard □ Discover □ American Express Signature: Cardholder Name: Expiration Date: CVV ZIP code Card#:

Please mail or fax completed registration form with payment to: Diabetes Education Partners c/o Deborah Newell, P.O. Box 41590, Providence, RI 02940 Email to: info@ridiabeteseducators.org Fax to: (401) 633-6935